

flattitude belt size	XXS	XS	S	M	L	XL
woman's		0 - 00	2 - 4	6 - 8	10 - 12	14 - 18
junior's	0 0	0 - 1	3 - 5	7 - 9	11 - 13	15 - 18
children's	8 - 10	12 - 14	16 - 18			
men's (waist size)			24 - 26	28 - 30	32 - 36	38 - 40
flattitude belt length	21 inches	24 inches	27 inches	30 inches	33 inches	37 inches

→ For high waisted pants, select belt one size smaller

→ Another way to choose your belt size is to measure the waistband of your pants and choose a belt a few inches shorter.

If you have any questions email colette@flattitudebelt.com or call 330-280-0502